ANWENDUNGSEMPFEHLUNG	vor der Belastung	während der Belastung		nach der Belastung
		Training	Wettkampf	
GEL				
SQUEEZY ENERGY GEL		●●●	●●●	
SQUEEZY TOMATO GEL		●●●	●●●	
SQUEEZY ENERGY SUPER GEL		●●●	●●●	
SQUEEZY DRINK GEL		●●●	●●●	
SQUEEZY SUPER DRINK GEL		●●●	●●●	
GETRÄNKE				
SQUEEZY ENERGY DRINK	●●	●●●	●●●	●●
SQUEEZY ENERGY DRINK CONCENTRATE	●●	●●●	●●●	●●
SQUEEZY ENERGY SUPER DRINK	●	●●●	●●●	●
SQUEEZY ENERGY FORTI DRINK	●●	●●●	●●●	●●
SQUEEZY CARBO LOAD DRINK	●●● (1)			●●●
SQUEEZY PROTEIN ENERGY DRINK	● (1)			●●●
RIEGEL				
SQUEEZY ENERGY BAR	●●	●●●	●●	●●
SQUEEZY ENERGY BAR (Organic)	●●	●●●	●●	●●
SQUEEZY ENERGY SUPER BAR	●●	●●●	●●	●●
SQUEEZY RECOVERY BAR	●			●●●
FRUCHTGUMMI				
SQUEEZY ENERGY FRUIT GUM	●●	●●●	●●●	●●
AMINO TABLETTEN				
SQUEEZY 100 % PURE AMINO	●●●	●	●	●●●
ATHLETIC				
SQUEEZY ATHLETIC DIETARY FOOD	●●	●		●●●
SQUEEZY ATHLETIC BAR	●●			●●●

●●● sehr geeignet ●● gut geeignet ● geeignet (1) nicht unmittelbar vor der Belastung